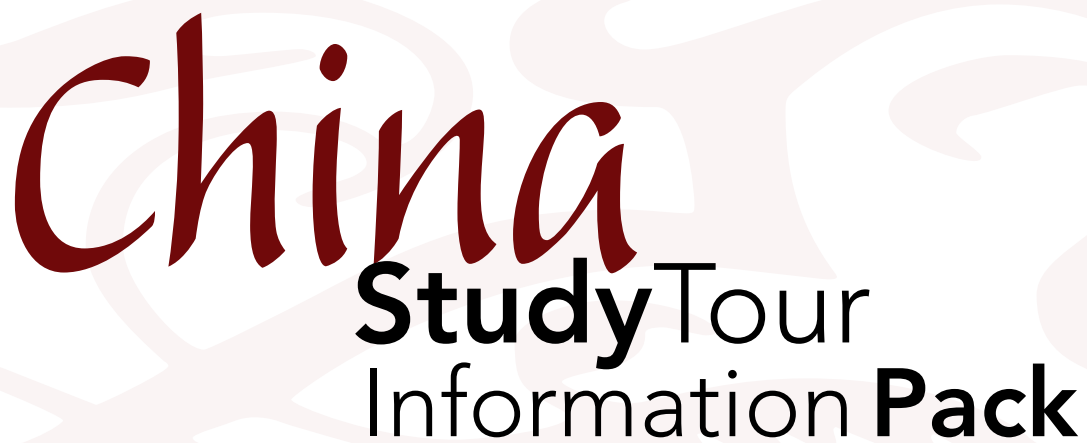


Learn Traditional Chinese Therapeutic Massage in **China**



China Study Tour Information Pack

Table of Contents:

- Overview
- Purpose
- Cultural Sites
- Frequently Asked Questions
- Sample Itinerary
- Application
- Participant Application
- Information and Conditions

Overview

PURPOSE:

Where does massage end and physiotherapy begin? For that matter, where does chiropractic end and orthopaedics begin? Tuina (traditional Chinese therapeutic massage) encompasses in its list of techniques and clinical rationales for treatment that the west calls the separate disciplines of massage or myomassology, physiotherapy, chiropractic, orthopaedics, osteopathic medicine, and exercise physiology.

Oriental Bodywork has a lot to offer the average Western clinician. Only in China can one observe in a hospital setting ancient manual therapies integrated into the fundamental health care system. The aim of the study tour is to:

- Provide an opportunity for you to increase your knowledge.
- Learn new techniques first-hand from doctors in the land where massage and acupuncture have been a major therapeutic method for over 2,000 years.
- Introduce you to behavioural norms and culture of China.
- Help you gain a background into traditional Chinese medicine.

You will be the guest of the China Academy of Traditional Medicine. In the mornings you will learn traditional Chinese therapeutic massage techniques while seeing patients along with the hospital physicians. In the afternoon you will attend lectures on hand techniques and treatment sequences dedicated to the most common conditions seen in the clinic. The lectures typically include:

- Chinese massage common techniques
- Treatment of cervical spondylopathy
- Treatment of peripheral arthritis
- Treatment of lumbar disease
- Treatment of knee disease
- Treatment of internal diseases

The training provided at the hospital is second to none, and is a certified program.

CULTURAL SITES:

Beijing provides an excellent opportunity for people to experience Chinese history and culture. The contrast between modern skyscrapers and traditional palaces mirrors the footsteps this city has taken as it has developed over the past several decades. We plan to visit not only the culture sites that are world famous, but also several sites off the beaten path that also illustrate the diversity of China's culture.

Opportunity of a lifetime!



Frequently Asked Questions

1. WHAT WILL THE WEATHER BE LIKE?

The weather in Beijing in April averages 19 degrees.

2. WHAT CLOTHES SHOULD I WEAR?

The clothing that you bring should be comfortable and durable. When choosing clothing for the trip the most important word to remember is casual. It is not necessary to bring formal clothing (coat, ties, etc. are strictly optional).

3. MEDICAL REQUIREMENTS?

No special immunisation shots are required for China for persons coming from Australia. You should bring ample supply of any medication that you are currently taking since it might not be available in China. For additional information you should contact your personal physician.

4. WHAT IS THE ACCOMODATION LIKE?

The hotel is classified as a 3-star hotel conveniently located to the hospital and 2nd Ring Road, Beijing West Railway Station and Beijing Financial Street. The rooms are twin share with bathroom facilities, television, kettle, etc.

5. IS IT TAX DEDUCTIBLE?

Continuing education may be tax deductible depending on the individual's particular situation. Contact your tax agent to determine how the continuing education deductions may apply to you.

6. CAN I GET CONTINUING PROFESSIONAL EDUCATION (CPE) POINTS CREDIT?

Yes, Massage Australia credits 40 CPE points to any of its members who participate. If you are with another organisation you will need to check what they will accredit you with.

7. IS IT A CERTIFIED PROGRAM?

Yes, at the completion of the program you will be issued with a joint 'Certificate' in Tuina from the Guang An Men hospital and the World Health organisation.

8. ARE THERE MINIMUM QUALIFICATIONS NEEDED TO DO THE TRAINING?

Yes, in order to participate in the training program you must have a formal massage, physiotherapy, chiropractic or osteopathic qualification. If you have qualifications in other areas or you are currently enrolled to complete a massage qualification, please give our office a call to discuss this.

Study, sightseeing and shopping

Frequently Asked Questions

9. MAY I BRING A SPOUSE OR GUEST?

Guests are welcome to accompany students during the program. There is a small cost adjustment for guests of students. Guests are able to participate in all sightseeing and touring. They may attend all performances and social functions arranged. They are not permitted to participate in lectures or on the hands-on training or receive a certificate. They may elect to do all or none of the above and simply do independent sightseeing, visit the parks, relax, shop, etc.

10. WHAT ADDITIONAL SPENDING MONEY DO YOU SUGGEST FROM PAST EXPERIENCE?

This is almost impossible to answer. I guess it depends on how much you like to shop? Most of your expenses are covered however you will need money for lunches and dinners (food is not expensive in Beijing), transportation cost to get from the hotel into the shopping areas and of course your shopping. I always suggest you take more money than you think. You can always bring what is left over back.

11. ROUGH GRASP OF CANTOESE OR MANDARIN?

The main language spoke in Beijing is Mandarin. You will not need to know the language. However having a few words is helpful.

Study, sightseeing and shopping

Sample Itinerary

Day		Morning	Afternoon	Evening
1	Sat	Depart Australia		Arrive Beijing
2	Sun	Free Time	Sightseeing: Forbidden City and Tian An Men Square	Sightseeing: Shopping Street
3	Mon	Orientation: Massage Department	Lecture: Common technique	Sightseeing: Beijing Acrobats
4	Tue	Practice: Massage Department	Lecture: Common technique	Sightseeing: Night Markets
5	Wed	Practice: Massage Department	Sightseeing: Silk Markets	Free Time
6	Thu	Practice: Massage Department	Lecture: Cervical Spondylopathy	Sightseeing: Peking Opera
7	Fri	Practice: Massage Department	Lecture: Peripheral Arthritis	Sightseeing: Xi'dan
8	Sat	Sightseeing: Great Wall	Sightseeing: Great Wall	Free Time
9	Sun	Sightseeing: Summer Palace	Sightseeing: Temple of Heaven	Free Time
10	Mon	Practice: Massage Department	Lecture: Lumbar Diseases	Free Time
11	Tue	Practice: Massage Department	Lecture: Knee Diseases	Free Time
12	Wed	Practice: Massage Department	Lecture: Elbow Diseases	Free Time
13	Thu	Practice: Massage Department	Lecture: Internal Diseases	Free Time
14	Fri	Farewell: Massage Department	Depart Hotel: For Beijing Airport	Depart Beijing For Australia
15	Sat	Arrive Australia		

All lectures subject to change at availability of lectures

Application

TO APPLY FOR OUR PROGRAMS PLEASE PRINT AND FILL OUT THE REQUIRED FORMS.

Please be sure to send the following items so we can begin processing your visa. There must be an additional 6 months of Australian passport validity beyond your return date to Australia. If you are getting a new passport send all other items and forward your passport after.

- Completed "Participant Application" form
- Completed and signed "Trip Conditions" form
- Copy of first page of passport (the page with picture)
- 3 passport-sized pictures
- Your deposit

The actual passport is required by the Chinese Consulate to issue a visa and will be requested at a later stage.

Contact us at info@massageaustralia.com.au if you have particular questions, needs or time constraints.

CONTACT DETAILS:

Email: info@massageaustralia.com.au

Phone: 02 4883 9500

Fax: 02 4883 9805

RETURN PAPERWORK:

All paperwork to be sent to:

Massage Australia
P.O. Box 198
Bargo NSW 2574

China Tour 2012

PARTICIPANT APPLICATION: GUANG AN MEN HOSPITAL - 2012

Name:

Address:

City:

State:

Postcode:

Telephone: Home

Mobile:

Email:

PASSPORT DETAILS:

Passport No.

Valid until:

Sex: Male

Female

Nationality:

Date & Place of Birth:

IN CASE OF EMERGENCY CONTACT:

Name:

Telephone:

Mobile:

AREAS OF PARTICULAR INTEREST:

SPECIAL TRAVEL ARRANGEMENT, MEDICAL PROBLEMS, OR SPECIAL NEEDS:

Where did you hear about the tour to China?

ROOMMATE:

I would like to be matched with a roommate:

Smoking Non-smoking Either Male Female Either

I would like a single room (additional fee of \$1380)

PAYMENT SCHEDULE:

- Deposit enclosed \$500 – this guarantees you a spot.
 - Second Payment \$1,000 – by the 31st March 2012
 - Third Payment \$2,000 – by the 30th June 2012
 - Final Payment \$1,495 - by the 2nd September 2012
- \$3,590 – accompanying spouse/partner (not attending the study)

Signature:

Date:

China Tour 2012

INFORMATION AND CONDITIONS

Baggage: Free airline baggage allotment per person is limited two pieces of baggage totalling up to 20 kilograms for flights to and within China. This does not include 1 carry-on piece of baggage not larger than 114cm and weighing less than 5 kilograms. Additional excess baggage costs will be at the participants expense.

Tour Price Includes: Round trip international air fare from Sydney to China, visa fee (for Australian Passports), all breakfasts, all air transportation, all accommodation (double occupancy), tours, transfers and guide fees, and admissions to attractions and cultural performances.

Costs Not Included: Passport fees, lunch or dinner during the tour, local transportation around Beijing, all items of a personal nature including laundry, wine, liquor, mineral water and excess baggage charges and single room supplement, if required. Lost baggage, medical and cancellation insurance is not included but highly recommended.

Refunds and Cancellations: If written cancellation is received by Massage Australia 90 days or more before departure any monies received will be refunded (less a handling fee of \$500 per person). For written cancellations received less than 60 days but more than 45 days prior to departure, the cancellation charge is \$895 per person. Cancellations received within 30 days of departure are subject to the forfeiture of the entire tour cost. A member may leave or abandon his or her trip at any time at the member's sole risk and expense, without any refund or allowance for the period of absence unless arranged for and mutually agreed to in writing at least 60 days prior to the date of scheduled departure.

Responsibility: Massage Australia acts only as agents for hotels, airlines, bus companies, railroads, ship lines, or owners or contractors providing other services, and all coupons, exchange orders, receipts, contracts and tickets issued by Massage Australia are subject to any and all tariffs, terms and conditions under which any accommodations, transportation, or any other services whatsoever are provided by such hotels, airlines, bus companies, railroads, ship lines or owners or contractors or by their person in employ. By the acceptance of the tour membership and/or such coupons, exchange orders, receipts, contracts and tickets, the tour member agrees to the foregoing and also agrees that Massage Australia nor any of their employees shall be or become liable or responsible for any loss, injury or damage to person, property, or otherwise in connection with any accommodations, transportation or other services, resulting directly or indirectly from any acts of God, dangers incident to the sea, fire, breakdown in machinery or equipment, acts of government or other authority, de jure or de facto, wars whether declared or not, hostilities, civil disturbances, strikes, riots, thefts, pilferage, epidemics, quarantines, medical or custom regulations, defaults, delays or cancellations of or changes to itinerary or schedules, or from any causes beyond Massage Australia's control, or for any loss or damage resulting from insufficient or improper issued passports, visa or other documents, and that neither Massage Australia, or any organisation or institution that they are an agent for shall be or become liable or responsible for any additional expenses or liability sustained or incurred by the tour member as a result of any of the foregoing causes.

Tour Travel Costs: Are based on tariffs and quotations in effect on November 30, 2010 and are based on the purchasing power of the Australian dollar at such a time. Any substantial change in the value of the tariffs or rates quoted to Massage Australia will cause a corresponding adjustment in the tour cost. Should it be necessary to increase the tour cost after the date at which final payment is due or completed, the right will be given to members to withdraw without penalty, if the increase in cost exceeds \$200, subject to regulations of the transportation companies involved. Air China, CAAC and other airlines concerned are not to be held responsible for any act, omission or event during the time passengers are not on board their aircraft. The usual passage contract used by the airlines and the tour participant, and in purchasing a passage contract as part of this tour, the participant acknowledges and accepts the foregoing conditions.

China Travel as well as other Chinese agencies handles all the accommodations, and the air arrangements within China and reserves the right to modify the itinerary. Such changes are beyond the control and additional expenses, if any, may be charged to the passengers.

Participants Signature

Please Print Name

Date